# 2023

## Employee Benefits Guide

Publish Date 12/05/2022





### Contents

What is Open Enrollment?	1
What Can You Do During Open Enrollment?	1
Do I Need to Make Changes During Open Enrollment?	
Important Benefit Changes for 2023	1
Suggested Steps for Open Enrollment	2
How to Make Changes During Open Enrollment	2
Benefits Eligibility Enrollment Criteria	
Required Forms and Documentation	2
Glossary of Health Coverage and Medical Terms	∠
Evidence of Coverage and Summary of Benefits	
Qualified Life Event Changes Outside of Open Enrollment <sup>1</sup>	
2023 HMO Health Plan Rates	<i>6</i>
2023 HMO Health Plan Rates – DSA	
2023 PPO Health Plan Rates	8
2023 PPO Health Plan Rates - DSA	9
Eligible Opt-Out of Health Insurance / In Lieu of Health (ILH)	10
Dental Insurance (Provided by Delta Dental)	11
Vision Insurance (Provided by Vision Service Plan)	12
Accidental Death & Dismemberment (AD&D)	13
Supplemental Term Life Insurance	14
Cafeteria Plan (IRS Section 125)	15
Dependent Care Flexible Spending Account (FSA)	16
Medical Reimbursement Flexible Spending Account (FSA)	17
401(k) and 457(b) Deferred Compensation Plans	18
Employee Assistance Program (EAP)	19
Payroll Calendar	20
2023 Provider Contact Information	21
Annual Notices	22

### What is Open Enrollment?

Open Enrollment is a once-a-year opportunity for benefit-eligible employees to enroll in or make changes to their health plan elections utilizing the Workday system. For the 2023 plan year, Open Enrollment runs from September 19, 2022, through October 14, 2022. Any elections made will go into effect January 1, 2023. Open Enrollment is the only time each year that you can change your health benefit elections. The only exception is if you experience a <u>qualifying life event</u>, such as marriage or the birth of a child.

### What Can You Do During Open Enrollment?

- Enroll in or change health, dental, and/or vision coverage.
- Add or remove <u>qualified dependents</u>, including a spouse or state-registered domestic partner, to/from health plans.
- Waive health coverage if you are covered by another qualifying group health plan and provide reasonable evidence of having minimum essential coverage.
- Enroll or re-enroll in optional pre-tax savings programs such a Dependent Care and/or Medical Reimbursement Flexible Spending Account (FSA). Per IRS policy, re-enrollment is required each year during Open Enrollment if you wish to contribute to these plans.

The County of Placer contracts with CalPERS to offer health coverage. Information regarding the 2023 Heath Plans can be viewed by clicking <u>HERE</u>. Check eligibility for health plans in your specific zip code by clicking <u>HERE</u>.

### Do I Need to Make Changes During Open Enrollment?

In most cases, participation in Open Enrollment is optional. You do not need to make changes to your current health plan elections if you are satisfied with them. Your elections are considered "evergreen elections." The IRS allows for them to roll over to the new plan year unless you elect to opt out and decline coverage. However, if you are enrolled in a <a href="Medical Flexible Spending Account">Medical Flexible Spending Account</a> (FSA) or Dependent Care Flexible Spending Account and want to continue participation in the following year, you must re-enroll every year during Open Enrollment.

### Important Changes for 2023

#### Placer Public Employees Organization (PPEO) Members

During Open Enrollment, PPEO represented employees can participate in the Medical FSA by electing funds through pre-tax deductions that can be used for qualified medical, dental, and/or vision expenses made in 2023. The annual amount of up to \$2,750 is deducted from your salary before income taxes. Any funds that are not expended during the calendar are forfeited at the end of the year so don't overestimate your anticipated <u>qualifying medical expenses</u>.

Version Date: 09/19/2022 Page 1 of 32

### Suggested Steps for Open Enrollment

If you wish to make changes to your health plan during Open Enrollment, please follow the steps below.

- Verify your address in Workday: The benefit options offered to you are based on your home or work location zip code. Make sure your address is current, so you are offered the correct benefit plan options. Refer to the "Edit Home Contact Information" section of the Edit Personal Information Workday Job Aide for step-by-step guidance.
- 2. Prepare your dependent verification: If you are adding dependents to your health, dental, and/or vision plans, you must submit valid dependent verification into Workday. Dependents include your spouse or state registered domestic partner. Click on the link for a list of items that qualify as valid dependent verification documentation. We strongly recommend locating any documentation that you will need (See Page 5) before getting started. You will need to photograph or scan the documentation in order to upload in Workday when submitting your election(s).
- 3. **Virtual Benefit Fair** –Most CalPERS health plans provide information and resources through print and virtual formats such as videos, and live webinars. One-on-one phone and video assistance may also be available.
- 4. Questions? Contact the Placer County Human Resources Open Enrollment hotline, or the dedicated email address listed below. For additional information, visit the Placer County Human Resources Employee Benefit webpage by clicking <u>HERE</u> or going to <a href="https://www.placer.ca.gov/1715/Employee-Benefit-Information">https://www.placer.ca.gov/1715/Employee-Benefit-Information</a>.

Placer County Benefits Hotline - 530-889-4089or email PCHRDBenefits@placer.ca.gov

### How to Make Changes During Open Enrollment



You may make changes to your current elections beginning **September 19, 2022, through 5:00 pm on October 14, 2022** by logging into <u>Workday</u>, selecting the **Inbox**, and then the **Open Enrollment Change** task. You will be able to review your elections and any changes submitted as well as make additional changes during this period.

Your most recent selections submitted in Workday will be processed and in effect on January 1, 2023.

**IMPORTANT:** Changes submitted in Workday require agreeing to an electronic acknowledgement **and** clicking "**Submit**" for changes to be processed. Do not forget this critical last step in the process.



Version Date: 09/19/2022 Page 2 of 32

### Benefits Eligibility Enrollment Criteria

Dependent Type	Health	Dental	Vision	Life	AD&D
Legal Spouse/Registered Domestic Partner <sup>1</sup>	Eligible	Eligible	Eligible	Eligible	Eligible
Children, unmarried <sup>2</sup>	Eligible (up to age <b>26</b> )	Eligible (up to age <b>26</b> )	Eligible (up to age <b>26</b> )	Eligible (up to age <b>23</b> )	Eligible (up to age <b>26</b> )
Children, married <sup>2</sup>	Eligible (up to age <b>26</b> )	Ineligible	Ineligible	Ineligible	Ineligible
Children, disabled – beyond age 26 <sup>3</sup>	Eligible	Eligible	Eligible	Eligible	Eligible
Spouse beyond age 70	Eligible	Eligible	Eligible	Eligible	Ineligible
Former Spouse/Registered Domestic Partner	Ineligible	Ineligible	Ineligible	Ineligible	Ineligible
Children of former spouse/Registered Domestic Partner <sup>4</sup>	Ineligible	Ineligible	Ineligible	Ineligible	Ineligible
Children, disabled – beyond age 26 who were never enrolled or deleted from coverage	Ineligible	Ineligible	Ineligible	Ineligible	Ineligible

<sup>&</sup>lt;sup>1</sup> Registered domestic partners can be under the age of 62, pursuant to SB30.

**Note:** Extended family members such as mother, father, siblings, grandparents, in-laws and foster children are ineligible for coverage.

#### **Dependent Eligibility Verification Process**

You must provide dependent verification documentation for each dependent you are adding to your benefits coverage. If Human Resources is unable to verify your dependent's eligibility, your dependent will not be covered. Your next available opportunity to add the dependent(s) will be the next Open Enrollment period. Please note that if you previously submitted verification, it is possible that you may be required to do so again.

**Warning:** It is a violation of all benefit plan provisions and CalPERS Law to enroll, or maintain, ineligible persons as dependents. Upon discovery, coverage will be terminated back to the date of ineligibility. The employee will be held responsible to repay costs of all benefit premiums and services provided to the ineligible dependent(s).

Version Date: 09/19/2022 Page 3 of 32

<sup>&</sup>lt;sup>2</sup> A natural child, stepchild, adopted child, children of a registered domestic partner, or certified parent-child relationship.

<sup>&</sup>lt;sup>3</sup> Disabled children beyond age 26 who are unmarried and incapable of sustaining employment due to a physical or mental disability. The disability must have existed prior to the child's attainment of age 19. The disabled adult dependent must meet the Disabled Dependent requirements. Contact the Human Resources Department for more information.

<sup>&</sup>lt;sup>4</sup> Includes former stepchildren, even if you have a court order requiring you to provide health insurance coverage.

### Required Forms and Documentation

Type of Change	Information & Supporting Documentation Required
Enrollment or Change to Health Plan	<ul> <li>If completed in Workday: No form needed (Electronic Signature and Acknowledgment)</li> <li>If <u>not</u> completed in Workday: <u>CalPERS</u> <u>Health Benefits Plan Enrollment for Active</u> <u>Employees Form (HBD-12)</u></li> </ul>
Add Spouse/Domestic Partner	<ul> <li>Full Name</li> <li>Social Security Number</li> <li>Date of Birth</li> <li>Marriage Certificate or Domestic Partner Registration</li> </ul>
Add Dependent Children	<ul> <li>Full Name</li> <li>Social Security Number</li> <li>Birth Certificate or Adoption Decree</li> </ul>
Eligible Opt-Out of Health Coverage	<ul> <li>Waiving health coverage in Workday and acknowledging possession of other creditable coverage.</li> <li>Providing evidence of other essential coverage for all dependents.</li> <li>Completing the CalPERS form HBD-12 waiving coverage.</li> </ul>
Parent-Child Relationship	<ul> <li>Full Name</li> <li>Social Security Number</li> <li>Birth Certificate</li> <li>Affidavit of Parent-Child Relationship</li> </ul>

### Glossary of Health Coverage and Medical Terms

A glossary of common health coverage and medial terms is available by clicking <u>HERE</u>. You may also contact the Human Resources Department. These terms and the examples provided may assist you with navigating your health benefit options.

### Evidence of Coverage and Summary of Benefits

Evidence of Coverage and the Summary of Benefits and Coverage for offered health plans are available on the CalPERS website by clicking <u>HERE</u>. You may also contact the Human Resources Department.

Version Date: 09/19/2022 Page 4 of 32

### Qualified Life Event Changes Outside of Open Enrollment<sup>1</sup>

#### **Required Notification Deadlines**

It is your responsibility to submit the required notification of changes in Workday. You can also complete and submit all required forms to the Human Resources Department within:

- Thirty (30) days of the qualifying life event date for all other benefit changes. Coverage becomes effective thirty (30) days following the qualifying life event date.
- Sixty (60) days of the qualifying life event date for health plan changes related to a qualifying life event. Coverage will become effective the first day of the month following receipt of the forms by the Human Resources Department.
  - Divorce: Please contact Human Resources as soon as the date the Decree is issued as a divorce. California Public Employment Retirement Law requires that you remove your exspouse or registered domestic partner from your health plan. Your ex-spouse or registered domestic partner's coverage ends at midnight on the last day of the month that your marriage dissolution is final.

You may make specific changes to your benefit plans related to a <u>qualifying life event</u>1, such as:

- A change in your legal marital status including marriage, divorce, death of your spouse, registering a domestic partner, or legal separation
- A change in the number of your dependents through birth, adoption, placement for adoption, or death
- Commencement or termination of employment by you, your spouse, registered domestic partner, or dependent
- A significant change in your work schedule including a reduction or increase in hours by you, your spouse, registered domestic partner, or eligible dependent
- A change in your residence
- An unpaid leave of absence by either you, your spouse, or registered domestic partner

<sup>1</sup> The Public Employees' Medical and Hospital Care Act (PEMHCA) governs the CalPERS Health Program and is the approving authority for any life changes outside of open enrollment.

**Warning:** It is a violation of all benefit plan provisions and CalPERS Law to enroll, or maintain, ineligible persons as dependents. Upon discovery, coverage will be terminated back to the date of ineligibility. The employee will be held responsible to repay costs of all benefit premiums and services provided to the ineligible dependent(s).

Version Date: 09/19/2022 Page 5 of 32

### 2023 HMO Health Plan Rates

Deductions for the 2023 plan year begin on 11/5/2022 (Pay Period 12 - Pay Date 12/2/2022).

Health Maintenance Organizations (HMO) plans require choosing a Primary Care Physician (PCP) from a network of local health care providers. Most of healthcare services will be coordinated through the PCP. When specialty care is needed, generally a referral from the PCP to an in-network specialist will be required. With HMOs, the out-of-pocket cost and monthly premiums are generally lower than a Preferred Provider Organization (PPO) plan.

Benefit Groups: Appointed & Elected Department Heads, Board of Supervisors, Confidential,
Management, Safety Management, LEMA, PPEO, & Unclassified Non-Management

HEALTH MAINTENANCE ORGANIZATIONS (HMOs) Rates Part Time Rates Available on MyPlacer	2023 Employee Bi-Weekly Share	2023 County Bi-Weekly Share	2023 Total Bi-Weekly Premium	Employee Share % Change Over 2022
ANTHEM SELECT – Employee Only	112.88	453.39	566.27	11.1%
ANTHEM SELECT – Employee + 1 Dependent	225.77	906.79	1,132.56	11.1%
ANTHEM SELECT – Employee + Family	293.50	1,178.83	1,472.33	11.1%
ANTHEM TRADITIONAL – Employee Only	121.07	486.28	607.35	-7.2%
ANTHEM TRADITIONAL - Employee + 1 Dependent	242.14	972.56	1,214.70	-7.2%
ANTHEM TRADITIONAL – Employee + Family	314.79	1,264.33	1,579.12	-7.2%
BLUE SHIELD ACCESS+ – Employee Only	103.52	415.79	519.31	-7.2%
BLUE SHIELD ACCESS+ – Employee + 1 Dependent	207.04	831.58	1,038.62	-7.2%
BLUE SHIELD ACCESS+ – Employee + Family	269.16	1,081.06	1,350.22	-7.2%
BLUE SHIELD TRIO – Employee Only	88.89	357.04	445.93	-1.1%
BLUE SHIELD TRIO – Employee + 1 Dependent	177.79	714.09	891.88	-1.1%
BLUE SHIELD TRIO – Employee + Family	231.12	928.31	1,159.43	-1.1%
KAISER – Employee Only	91.37	367.00	458.37	6.6%
KAISER – Employee + 1 Dependent	182.75	734.01	916.76	6.6%
KAISER – Employee + Family	237.57	954.21	1,191.78	6.6%
UNITED HEALTH CARE – Employee Only	104.41	419.35	523.76	2.3%
UNITED HEALTH CARE – Employee + 1 Dependent	208.81	838.70	1,047.51	2.3%
UNITED HEALTH CARE – Employee + Family	271.46	1,090.31	1,361.77	2.3%
WESTERN HEALTH ADVANTAGE – Employee Only	76.02	305.32	381.34	2.6%
WESTERN HEALTH ADVANTAGE – Employee + 1 Dep	152.03	610.64	762.67	2.6%
WESTERN HEALTH ADVANTAGE – Employee + Family	197.64	793.84	991.48	2.6%

**Note:** Health plans are associated with your residence zip code or the work location zip code. For a list of plans available by zip code, click <u>HERE</u>. Plans may be limited in rural areas such as the Tahoe area. Premiums are paid over twenty-four (24) pay periods. Please refer to the payroll calendar contained in this booklet to determine non-premium pay dates.

Version Date: 09/19/2022

### 2023 HMO Health Plan Rates – DSA

Benefit Group: Deputy Sheriff's Association (DSA)

HEALTH MAINTENANCE ORGANIZATIONS (HMOs) Rates Part Time Rates Available on MyPlacer	2023 Employee Bi-Weekly Share	2023 County Bi-Weekly Share	2023 Total Bi-Weekly Premium	Plan Premium % Change Over 2022
ANTHEM SELECT – Employee Only	234.42	331.86	566.28	11.1%
ANTHEM SELECT – Employee + 1 Dependent	378.83	753.73	1,132.56	11.1%
ANTHEM SELECT – Employee + Family	547.48	924.84	1,472.32	11.1%
ANTHEM TRADITIONAL – Employee Only	275.36	332.00	607.36	-7.2%
ANTHEM TRADITIONAL - Employee + 1 Dependent	460.71	754.00	1,214.71	-7.2%
ANTHEM TRADITIONAL – Employee + Family	653.93	925.19	1,579.12	-7.2%
BLUE SHIELD ACCESS+ – Employee Only	187.61	331.71	519.32	-7.2%
BLUE SHIELD ACCESS+ – Employee + 1 Dependent	285.21	753.42	1,038.63	-7.2%
BLUE SHIELD ACCESS+ – Employee + Family	425.78	924.44	1,350.22	-7.2%
BLUE SHIELD TRIO – Employee Only	114.47	331.47	445.94	-1.1%
BLUE SHIELD TRIO – Employee + 1 Dependent	177.79	714.09	891.88	-1.1%
BLUE SHIELD TRIO – Employee + Family	235.62	923.81	1,159.43	-1.1%
KAISER – Employee Only	126.87	331.51	458.38	6.6%
KAISER – Employee + 1 Dependent	182.75	734.01	916.76	6.6%
KAISER – Employee + Family	267.86	923.92	1,191.78	6.6%
UNITED HEALTH CARE – Employee Only	192.04	331.72	523.76	2.3%
UNITED HEALTH CARE – Employee + 1 Dependent	294.07	753.45	1,047.52	2.3%
UNITED HEALTH CARE – Employee + Family	437.29	924.48	1,361.77	2.3%
WESTERN HEALTH ADVANTAGE – Employee Only	76.02	305.32	381.34	2.6%
WESTERN HEALTH ADVANTAGE – Employee + 1 Dep	152.03	610.64	762.67	2.6%
WESTERN HEALTH ADVANTAGE – Employee + Family	197.64	793.84	991.48	2.6%

**Note:** Health plans are associated with your residence zip code or the work location zip code. For a list of plans available by zip code, go to <a href="https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates">https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates</a>. Plans may be limited in rural areas such as the Tahoe area. Premiums are paid over twenty-four (24) pay periods. Please refer to the payroll calendar contained in this booklet to determine non-premium pay dates.

Version Date: 09/19/2022

### 2023 PPO Health Plan Rates

Deductions for the 2023 plan year begin on 11/5/2022 (Pay Period 12 - Pay Date 12/2/2022).

Preferred Provider Organizations (PPO) plans allow more flexibility and choices when it comes to health care options. Typically, a PPO plan offers health care through a network of health care providers. The plans allow for both in- or out-of-network doctors, specialists, or hospital visits. In most cases, a referral is not needed. With PPO plans, typically the out-of-pocket costs are greater than an HMO plan if you see an out-of-network doctor. Also, the monthly premiums tend to be higher.

Benefit Groups: Appointed & Elected Department Heads, Board of Supervisors, Confidential,
Management, Safety Management, LEMA, PPEO, & Unclassified Non-Management

PREFERRED PROVIDER ORGANIZATIONS (PPOs) PPO Rates Part Time Rates Available on MyPlacer	2023 Employee Bi-Weekly Share	2023 County Bi-Weekly Share	2023 Total Bi-Weekly Premium	Employee Share % Change Over 2022
PERS Gold – Employee Only	82.56	331.61	414.17	17.7%
PERS Gold – Employee + 1 Dependent	165.12	663.21	828.33	17.7%
PERS Gold – Employee + Family	214.66	862.18	1,076.84	17.7%
PERS Platinum – Employee Only	120.01	482.03	602.04	13.5%
PERS Platinum – Employee + 1 Dependent	240.02	964.06	1,204.08	13.5%
PERS Platinum – Employee + Family	312.03	1,253.27	1,565.30	13.5%
Association Plan: - Peace Officers Research Association of California (PORAC) Members Only				
PORAC – Employee Only	82.50	331.36	413.86	3.4%
PORAC - Employee +1 Dep	187.50	753.09	940.59	8.7%
PORAC – Employee + Family	230.00	923.80	1,153.80	3.7%

Version Date: 09/19/2022 Page 8 of 32

### 2023 PPO Health Plan Rates - DSA

#### Benefit Group: Deputy Sheriff's Association (DSA)

PREFERRED PROVIDER ORGANIZATIONS (PPOs) Rates Part Time Rates Available on MyPlacer	2023 Employee Bi-Weekly Share	2023 County Bi-Weekly Share	2023 Total Bi-Weekly Premium	Plan Premium % Change Over 2022
PERS Gold – Employee Only	82.81	331.36	414.17	17.7%
PERS Gold – Employee + 1 Dependent	165.12	663.21	828.33	17.7%
PERS Gold – Employee + Family	214.66	862.18	1,076.84	17.7%
PERS Platinum – Employee Only	270.06	331.98	602.04	13.5%
PERS Platinum – Employee + 1 Dependent	450.12	753.96	1,204.08	13.5%
PERS Platinum – Employee + Family	640.16	925.15	1,565.31	13.5%
Association Plan: - Peace Officers Research Association of California (PORAC) Members Only				
PORAC – Employee Only	82.50	331.36	413.86	3.4%
PORAC - Employee +1 Dep	187.50	753.09	952.63	8.7%
PORAC – Employee + Family	230.00	923.80	1,153.80	3.7%

#### ALL Benefit Groups: Permanent Part-Time Employee Benefit Premiums

Premiums are paid over twenty-four (24) pay periods. Please refer to the payroll calendar contained in this booklet to determine non-premium pay dates.

• <u>Part-Time employees.</u> In addition to the employee premium, you are responsible for a percentage of the employer premium based on the following part-time benefit tiers:

o 50% benefit = 20 to 20.99 hours/week

o 75% benefit = 21 to 31.99 hours/week

o 100% benefit = 32 + hours/week

Version Date: 09/19/2022 Page 9 of 32

### Eligible Opt-Out of Health / In Lieu of Health (ILH)

Placer County provides benefit eligible employees with health insurance coverage through the CalPERS Health Insurance Program. Employees who possess other group health coverage may be eligible to opt out of the county offered health coverage. If opting out, you may receive an In-Lieu of Health cash payment.

To decline enrollment in the County's health coverage, you must "Waive" the coverage in Workday during an Open Enrollment period and provide reasonable evidence that you, and any tax dependents, have, or will have minimum essential coverage (other than coverage through the individual market) during the period of coverage to which the opt-out arrangement applies. To initiate the process, access your Workday Inbox and click on the Open Enrollment item, then click on the "Manage" button under Medical, select "Waive," and continue with the submission process. The Human Resources Department will contact you with providing the documentation needed for proof of coverage.

If you Opt-out of health, you will be unable to elect coverage in a CalPERS health plan until the next open enrollment period or unless you experience a qualifying life event including:

- Loss of other coverage. (Not applicable if coverage was lost due to failure to pay premiums timely or terminated for cause.)
- A qualifying change in status such as marriage, divorce, a change in you or your spouse's employment status, or the spouse's open enrollment
- Acquiring a new dependent through marriage, birth, adoption, or placement for adoption

If you are covered under a spouse's or domestic partner's group health plan, you are responsible for maintaining coverage while receiving the ILH cash payment. Separation or a change in marital status resulting in a loss of this coverage is a qualifying life event. If you discontinue ILH, you must submit all required forms by the deadlines on pages 4 and 5 to enroll in health insurance coverage.

#### Eligible Opt-Out of Health / In-Lieu of Health cash payment per pay period1:

Deputy Sheriff's Association (DSA): \$140

Law Enforcement Management Association (LEMA): \$140

Placer Public Employee Organization (PPEO): \$140

Management: \$140

Confidential: \$140

Unclassified Non-Management: \$140

Version Date: 09/19/2022 Page 10 of 32

<sup>&</sup>lt;sup>1</sup> Amounts listed are for permanent full-time employment. Permanent part-time employment will be prorated based on scheduled hours.

### Dental Insurance (Provided by Delta Dental)

Deductions for the 2023 plan year begin on 12/17/2022 (Pay Period 15 - Pay Date 1/13/2023).

PPEO Premiums & Limitations						
Annual Individual Coverage: \$1,500						
Coverage For:	Employee Bi-Weekly Share*	County Bi-Weekly Share	Total Bi-Weekly Premium			
Employee Only	No Cost	\$25.00	\$25.00			
Employee + Family	\$31.00	\$25.00	\$56.00			

DSA Premiums & Limitations					
Annual Individual Coverage	\$1,500				
Coverage For:	Employee Bi-Weekly Share*	County Bi-Weekly Share	Total Bi-Weekly Premium		
Employee Only	No Cost	\$25.00	\$25.00		
Employee + 1 Dependent	\$18.00	\$25.00	\$43.00		
Employee + Family	\$31.00	\$25.00	\$56.00		

Confidential / Management Safety Management / LEMA		Prem	iums & Limitations		
Annual Individual Coverage \$2,500					
Coverage For:	Employee Bi-Weekly Share*	County Bi-Weekly Share	Total Bi-Weekly Premium		
Employee Only	No Cost	\$25.00	\$25.00		
Employee + 1 Dependent	\$18.00	\$25.00	\$43.00		
Employee + Family	\$31.00	\$25.00	\$56.00		

**Note**: Placer County's dental coverage contains a 'non-duplication of coverage' clause. This means that as secondary insurance, Delta Dental will not pay any balance over the County's plan allowance.

Visit the Delta Dental website at <a href="www.deltadental.com">www.deltadental.com</a> for additional provider and benefit eligibility information, and to register for online services. Premiums are paid over twenty-four (24) pay periods. Please refer to the payroll calendar contained in this booklet to determine non-premium pay dates.

Version Date: 09/19/2022 Page 11 of 32

### Vision Insurance (Provided by Vision Service Plan)

Deductions for the 2023 plan year begin on 12/17/2022 (Pay Period 15 - Pay Date 1/13/2023).

Premiums					
Coverage For:	Employee Bi-Weekly Share	County Bi-WeeklyShare	Total Bi-Weekly Premium		
Employee Only	No Cost	\$3.50	\$3.50		
Employee + 1 Dependent	\$5.40	\$3.50	\$8.90		
Employee + Family	\$9.64	\$3.50	\$13.14		

Visit the Vision Service Plan (VSP) website at <a href="www.vsp.com">www.vsp.com</a> for additional provider information and benefit eligibility. Premiums are paid over twenty-four (24) pay periods. Please refer to the payroll calendar contained in this booklet to determine non-premium pay dates.

Version Date: 09/19/2022 Page 12 of 32

### Accidental Death & Dismemberment (AD&D)

Deductions for the 2023 plan year begin on 12/17/2022 (Pay Period 15 - Pay Date 1/13/2023).

Placer County provides employees with \$10,000 Accidental Death & Dismemberment (AD&D) insurance at no cost. AD&D insurance is also available to purchase for your spouse or registered domestic partner, up to age 70. Coverage amounts range from \$10,000 to \$300,000 but cannot exceed your coverage amount. For unmarried dependent children up to age 26, coverage amounts range from \$5,000 to \$25,000. One premium covers all children, but each child must be enrolled to receive coverage. An employee first obtains individual supplemental coverage of at least \$25,000 prior to enrolling a spouse and/or child in supplemental coverage.

Additional AD&D insurance coverage is available for you to purchase, up to \$500,000. The additional coverage cannot exceed 10 times your annual salary. If you select an amount that is higher than allowed, your selections will be defaulted to your annual maximum limit. If your salary decreases during the plan year, it is your responsibility to notify the Human Resources Department. This is to ensure that you continue to qualify for the AD&D amount you selected.

Note: AD&D insurance premiums shown are per pay period and are pre-tax deductions.

AD&D Benefit Level	Premium for Employee	Premium for Spouse	Premium for Child(ren)
\$500,000	\$7.50	N/A	N/A
\$450,000	\$6.75	N/A	N/A
\$400,000	\$6.00	N/A	N/A
\$350,000	\$5.26	N/A	N/A
\$300,000	\$4.50	\$6.00	N/A
\$250,000	\$3.75	\$5.01	N/A
\$200,000	\$3.00	\$4.00	N/A
\$150,000	\$2.26	\$3.00	N/A
\$100,000	\$1.50	\$1.99	N/A
\$75,000	\$1.13	\$1.50	N/A
\$50,000	\$0.75	\$1.00	N/A
\$25,000	\$0.38	\$0.50	\$0.50
\$10,000	N/A	\$0.22	\$0.22
\$5,000	N/A	N/A	\$0.11

Version Date: 09/19/2022 Page 13 of 32

### Supplemental Term Life Insurance

Placer County provides PPEO, DSA, LEMA, Management and Confidential employees with a \$50,000 life insurance policy at no cost. Unclassified non-management employees are provided with a \$10,000 policy at no cost.

You can apply for supplemental life insurance coverage at any time. Supplemental life insurance coverage is available in amounts up to \$100,000. Life insurance is also available to purchase for a spouse, registered domestic partner and unmarried dependent children. Coverage amounts for a spouse or registered domestic partner range from \$12,500 to \$50,000 but cannot exceed half of the employee's coverage amount. Coverage amounts for unmarried dependent children up to age 23 range from \$5,000 to \$10,000. You must be enrolled in supplemental life insurance to purchase insurance for your spouse/ registered domestic partner.

A newly hired employee can elect supplemental life insurance within thirty (30) days of hire with no approval process required. The coverage will begin thirty (30) days following the employment hire date. Outside of the new hire process, you must complete an application and submit a request to the insurer. The application form is located on the County website at <a href="https://www.placer.ca.gov/1753/Life-Insurance">www.placer.ca.gov/1753/Life-Insurance</a>. Coverage will begin the first of the month following approval by the insurer.

Note: Supplemental Life Insurance Premiums shown are an after-tax deduction.

Schedule for Employee or Spouse – Per Pay Period							
	Employee			Spouse			
Age	\$25,000	\$50,000	\$75,000	\$100,000	\$12,500	\$25,000	\$50,000
0-34	\$1.50	\$3.00	\$4.50	\$6.00	\$0.75	\$1.50	\$3.00
35-39	\$2.00	\$4.00	\$6.00	\$8.00	\$1.00	\$2.00	\$4.00
40-44	\$3.25	\$6.50	\$9.75	\$13.00	\$1.63	\$3.25	\$6.50
45-49	\$5.50	\$11.00	\$16.50	\$22.00	\$2.75	\$5.50	\$11.00
50-54	\$9.75	\$19.50	\$29.25	\$39.00	\$4.88	\$9.75	\$19.50
55-59	\$16.75	\$33.50	\$50.25	\$67.00	\$8.38	\$16.75	\$33.50
60-64	\$17.75	\$35.50	\$53.25	\$71.00	\$8.88	\$17.75	\$35.50
65-69	\$28.75	\$57.50	\$86.25	\$115.00	\$14.38	\$28.75	\$57.50
70 & Over	\$51.25	\$102.50	\$153.75	\$205.00	\$25.60	\$51.25	\$102.50
Schedule for Dependent Children – Per Pay Period							
					\$5,000	\$7,500	\$10,000
Age 15 Days to 23 Years			\$0.50	\$0.75	\$1.00		

### Cafeteria Plan (IRS Section 125)

A cafeteria plan is a reimbursement plan governed by IRS Section 125. It allows employees to contribute a specific amount of their gross income to a designated account(s) on a pre-tax basis.

#### Employer Cafeteria Plan Calendar Year Contribution by Employee Group (Bi-Weekly)<sup>1</sup>

PPEO Miscellaneous Members: 6% of the employee's base salary
 PPEO Safety Members: 5% of the employee's base salary

Management: \$192.31 (Effective 12/17/2022)
 Confidential: \$153.85 (Effective 12/17/2022)

• LEMA \$153.85

<sup>1</sup> Percentage contributions are prorated based on actual paid hours. Changes to the plan can be made during an annual Open Enrollment or a qualifying life event. Cafeteria contributions are non-PERSable income. Placer County benefit plans operate under the IRS Code Section 125. This allows you to enroll and pay your share of costs with pre-tax dollars, known as "Premium Conversion." The health, dental, vision, and accidental death and dismemberment (AD&D) premiums are included in the Premium Conversion option. Under IRS rules, enrollment and changes to your benefit plans must be made during Open Enrollment. An exception is allowed for qualifying life events.

#### Placer County offers the following cafeteria plan options:

You may elect to receive the cafeteria plan amount as cash, 401(k) contribution, dependent care reimbursement or any combination thereof. PPEO, Management and Confidential employees may also elect to receive reimbursement for qualified medical expenses by enrolling in the County's Medical Flexible Spending Account (FSA).

**Cash Option (Default)** – The plan default is the cash option, and you will receive the cafeteria plan money in your bi-weekly paycheck. This option is considered taxable income and associated payroll taxes will be deducted. If no other choice is made for cafeteria plan funds, the distribution will default to the Cash Option.

**FSA Dependent Care Reimbursement (All Groups)**– **MUST RE-ENROLL EVERY YEAR.** This option allows you to pay for your dependent care expenses using pre-tax dollars. Expenses, whether for a child or an adult, include any expense that allows you to work outside the home. This includes daycare services, inhome care, pre-school and summer day camps. It does not cover health related expenses.

**FSA Medical Reimbursement (PPEO/Management/Confidential only) – MUST RE-ENROLL EVERY YEAR.** This option allows you to pay for qualifying out-of-pocket medical expenses using pre-tax dollars.

Note: Deferred Compensation (401(k) and 457(f)) enrollment and contribution changes can be made year-round consistent with IRS rules. Should you receive an employer contribution to your cafeteria plan, the amount is paid as cash and factored into your gross income. You may elect to put some or all the contribution into a deferred compensation plan, up to the IRS limit.

Version Date: 09/19/2022 Page 15 of 32

### Dependent Care Flexible Spending Account (FSA)

Deductions for the 2023 plan year will begin on 12/17/2022 (Pay Period 15 - Pay Date 1/13/2023).

IMPORTANT: You must re-enroll <u>each year</u> in the Dependent Care FSA. This is done by selecting a contribution amount in Workday during the annual Open Enrollment period. You must also submit all required forms.

A Dependent Care Flexible Spending Account (FSA) allows you to set aside pre-tax dollars from your paycheck to pay for eligible expenses. For example, an eligible expense may include child or adult day care which allows you and/or your spouse to work. If divorced or legally separated, only the custodial parent can be reimbursed using the Dependent Care FSA.

Minimum Deposit: \$5.00 per pay period or \$130.00 per calendar year
 Maximum Deposit: \$192.31 per pay period or \$5,000 per calendar year

(\$2,500 if married and filing separately)

**Do not overestimate your annual contribution.** You must designate your annual contribution during the Open Enrollment period. This amount cannot be adjusted during the plan year unless you have a qualifying life event. If you have a qualifying life event you have thirty (30) days from the date of the event to make an enrollment or change. You will only be reimbursed for actual expenses with any unused funds forfeited, per IRS rules.

### A qualifying individual includes a child if they meet all the following criteria:

- Qualify under IRS Code Section 152(a)(1) who
  has not attained age 13, but generally is a
  child of the employee or descendent of such
  child who shares the same place of abode
  with the employee for more than half the year
- A U.S. citizen, national or resident of the U.S., Mexico, or Canada
- Have not provided more than one-half of their own support during the taxable year
- Not someone else's qualifying child

#### Partial List of Eligible Expenses:

- After school care, babysitting fees (must have a taxpayer ID or the babysitter's social security number), day camps (including summer day camps)
- Preschool
- Daycare services
- · Care for physically or mentally impaired spouse
- Elder care
- Household services for qualified dependent

### A qualifying individual includes an adult dependent if they meet all the following criteria:

- Physically and/or mentally incapable of carrying for themself and has the same principal place of abode as the employee for more than one-half of such taxable year
- A U.S. citizen, national or resident of the US, Mexico, or Canada, and receive more than one-half of their support from you during the taxable year

#### Partial List of Ineligible Expenses:

- Dancing lessons
- Books and supplies
- Field trips
- Child support payments or childcare if you are non-custodial parent
- Overnight camp
- Swimming lessons
- Meals for child
- Tuition for Kindergarten or higher
- Membership fees

Version Date: 09/19/2022 Page 16 of 32

### Dependent Care Flexible Spending Account (FSA) Continued

#### **REQUIRED CALIFORNIA NOTICE:**

California State law requires employers to notify employee participants of fund withdrawal deadlines before the end of the plan year.

#### 2023 Plan Year Deadlines:

- December 31, 2023 Last day to expend FSA contributions. Any amount not expended by this
  date will be forfeited
- March 31, 2024 Last day to submit a 2023 claim for reimbursement

### Medical Reimbursement Flexible Spending Account (FSA)

Deductions for the 2023 plan year begin on 12/17/2022 (Pay Period 15 - Pay Date 1/13/2023).

#### PPEO/Management/Confidential Employees Only

IMPORTANT: You must re-enroll <u>each year</u> in the Medical Reimbursement FSA. This is done by selecting a contribution amount in Workday during the annual Open Enrollment period. You must also submit any required forms.

A Medical Reimbursement Account FSA allows you to set aside pre-tax dollars from your paycheck to pay for eligible out-of-pocket expenses. Expenses include medical, dental, and vision care expenses that are not covered by your insurance plan or elsewhere.

#### 2023 Plan Year

• Total maximum annual contribution: \$2,750 with a \$500 cafeteria fund designation limit

<u>Do not overestimate your annual contribution.</u> You must designate your annual contribution during the Open Enrollment period. This amount cannot be adjusted during the plan year unless you have a qualifying life event. If you have a qualifying life event you have thirty (30) days from the date of the event to make an enrollment or change. You will only be reimbursed for actual expenses with any unused funds forfeited, per IRS rules.

#### **Partial List of Eligible Expenses**

- Doctor visits
- Co-Insurance dental/medical/vision
- Pharmacy

- Allergy medication/treatment
- Chiropractic care

#### **REQUIRED CALIFORNIA NOTICE:**

California State law requires employers to notify employee participants of fund withdrawal deadlines before the end of the plan year.

#### 2023 Plan Year Deadlines:

- December 31, 2023 Last day to expend FSA contributions. Any amount not expended by this date will be forfeited
- March 31, 2024 Last day to submit a 2023 claim for reimbursement

Version Date: 09/19/2022 Page 17 of 32

### Deferred Compensation - 401(k) and 457(b) Plans

Placer County offers voluntary deferred compensation programs through Lincoln Financial Group including both Pre-tax and Roth after-tax contributions. The traditional pre-tax contributions provide an income tax break right away while Roth contributions provide tax advantages in the future.

#### Traditional Pre-tax contribution options may be right for you if:

- You expect your income taxes to be lower in retirement. You may save by lowering your taxable income now and wait to pay taxes on your savings after you retire.
- You have not prepared for retirement. Saving on a pre-tax basis allows you to save while enjoying current tax savings.

#### **Roth contribution** options may be right for you if:

- You expect your taxes to be higher in retirement. You may save by paying a lower tax rate on your savings today.
- You have many years to build your savings. You'll pay income taxes on what you contribute today, but you may not pay income taxes on the earnings. This can add up over your working years.
- Visit IRS.gov for more information about Roth contributions

#### 2023 Plan Year

Minimum Contribution: \$10 per pay period
 Maximum Contribution: \$22,500 per year

**Note:** If you are over 50, you can contribute an additional "catch-up" amount of \$7,500 to your 401(k) and/or 457(b) plans resulting in a total contribution limit of \$30,000 for the calendar year per plan. Your maximum limit is automatically adjusted during the year you turn 50. IRS limits are subject to change each year.

2023 Calendar Year: Deferred Compensation Change Event Date w/ Paycheck Date

	401 (K)	4	
Pay Period	401 (K) "Event Date" Falls within these Pay Period	401 (K) Paycheck Deduction Change Date	457 "Event Date" Falls within the following Months
15	Dec 17 - Dec 30	01/13/23	December 2022
16	Dec 31 - Jan 13	01/27/23	January
17	Jan 14 - Jan 27	02/10/23	February
18	Jan 28 - Feb 10	02/24/23	March
19	Feb 11 - Feb 24	03/10/23	April
20	Feb 25 - Mar 10	03/24/23	May
21	Mar 11 - Mar 24	04/07/23	June
22	Mar 25 - April 7	04/21/23	July
23	April 8 - April 21	05/05/23	August
24	April 22 - May 5	05/19/23	September
25	May 6 - May 19	06/02/23	October
26	May 20 - June 2	06/16/23	No∨ember
27	June 3 - June 16	06/30/23	December 2023
1	June 17 - June 30	07/14/23	
2	July 1 - July 14	07/28/23	
3	July 15 - July 28	08/11/23	( 3 11
4	July 29 - Aug 11	08/25/23	Lin
5	Aug 12 - Aug 25	09/08/23	Financ
6	Aug 26 - Sept 8	09/22/23	Bob Cowsert
7	Sept 9 - Sept 22	10/06/23	l bob cowsen
8	Sept 23 - Oct 6	10/20/23	Direct: 916-292
9	Oct 7 - Oct 20	11/03/23	1 <b>1</b>
10	Oct 21 - Nov 3	11/17/23	Fax: 260-455-96
11	Nov 4 - Nov 17	12/01/23	Email: Bob Cov

12/15/23

12/29/23

Bob Cowsert

Direct: 916-292-1031

Fax: 260-455-9671

Email: Bob.Cowsert@LFG.com

457 Paycheck Deduction Change Date 01/27/2023 02/24/2023 03/24/2023 04/21/2023 05/19/2023 06/16/2023 07/28/2023 08/25/2023 09/22/2023 10/20/2023 11/17/2023 01/26/2024

Nov 18 - Dec 1

Dec 2 - Dec 15

### Employee Assistance Program (EAP)

The Employee Assistance Program (EAP) is a benefit provided by the county through the Managed Health Network (MHN) at no cost to you. Services provided by MHN are confidential and available twenty-four (24) hours a day, seven days a week.

1-800-242-6220

<u>www.advantageengagement.com</u>

Register with company code: placercounty

#### Available Programs:

- Clinical counseling for employees and members of their household to include:
  - o Five (5) face-to-face, telephone, or web-video consultations per individual, per issue, per plan year with an MHN network provider
- Childcare and adult care assistance
- Financial services
  - Budgeting, credit, and financial questions; retirement planning
- Legal services
  - Initial free telephonic or face-to-face legal consultation per separate legal matter, with a network attorney
  - o Civil, consumer and criminal law
  - o Personal and family law, including adoption, divorce, and custody issues
  - Financial, tax or business matters
  - Real estate
  - Estate planning
- Identity theft recovery service
- Daily living services
  - o Help running errands
  - Planning an event or a vacation

To see a full list of services provided, log onto the website at <u>www.advantageengagement.com</u> and use Company Code: placercounty. MHN does not cover the cost nor guarantee delivery of vendors' services.

Version Date: 09/19/2022 Page 19 of 32

### Payroll Calendar

Fiscal Year 2022/2023				
PP#	PP Begin	PP End	Paydate	Health
1	06/04/22	06/17/22	07/01/22	Aug-22
2	06/18/22	07/01/22	07/15/22	Aug-22
3	07/02/22	07/15/22	07/29/22	No Health
4	07/16/22	07/29/22	08/12/22	Sep-22
5	07/30/22	08/12/22	08/26/22	Sep-22
6	08/13/22	08/26/22	09/09/22	Oct-22
7	08/27/22	09/09/22	09/23/22	Oct-22
8	09/10/22	09/23/22	10/07/22	Nov-22
9	09/24/22	10/07/22	10/21/22	Nov-22
10	10/08/22	10/21/22	11/04/22	Dec-22
11	10/22/22	11/04/22	11/18/22	Dec-22
12	11/05/22	11/18/22	12/02/22	Jan-23
13	11/19/22	12/02/22	12/16/22	Jan-23
14	12/03/22	12/16/22	12/30/22	No Health
	Co	alendar Ye	ar 2023	
15	12/17/22	12/30/22	01/13/23	Feb-23
16	12/31/22	01/13/23	01/27/23	Feb-23
17	01/14/23	01/27/23	02/10/23	Mar-23
18	01/28/23	02/10/23	02/24/23	1 1 ar 02
		02/10/20	02/24/23	Mar-23
19	02/11/23	02/24/23	03/10/23	Apr-23
19 20	02/11/23 02/25/23			
		02/24/23	03/10/23	Apr-23
20	02/25/23	02/24/23 03/10/23	03/10/23 03/24/23	Apr-23 Apr-23
20 21	02/25/23 03/11/23	02/24/23 03/10/23 03/24/23	03/10/23 03/24/23 04/07/23	Apr-23 Apr-23 May-23
20 21 22	02/25/23 03/11/23 03/25/23	02/24/23 03/10/23 03/24/23 04/07/23	03/10/23 03/24/23 04/07/23 04/21/23	Apr-23 Apr-23 May-23 May-23
20 21 22 23	02/25/23 03/11/23 03/25/23 04/08/23	02/24/23 03/10/23 03/24/23 04/07/23 04/21/23	03/10/23 03/24/23 04/07/23 04/21/23 05/05/23	Apr-23 Apr-23 May-23 May-23 Jun-23
20 21 22 23 24	02/25/23 03/11/23 03/25/23 04/08/23 04/22/23	02/24/23 03/10/23 03/24/23 04/07/23 04/21/23 05/05/23	03/10/23 03/24/23 04/07/23 04/21/23 05/05/23 05/19/23	Apr-23 Apr-23 May-23 May-23 Jun-23

Fiscal Year 2023/2024					
PP#	PP Begin	PP End	Paydate	Health	
1	06/17/23	06/30/23	07/14/23	Aug-23	
2	07/01/23	07/14/23	07/28/23	Aug-23	
3	07/15/23	07/28/23	08/11/23	Sep-23	
4	07/29/23	08/11/23	08/25/23	Sep-23	
5	08/12/23	08/25/23	09/08/23	Oct-23	
6	08/26/23	09/08/23	09/22/23	Oct-23	
7	09/09/23	09/22/23	10/06/23	Nov-23	
8	09/23/23	10/06/23	10/20/23	Nov-23	
9	10/07/23	10/20/23	11/03/23	Dec-23	
10	10/21/23	11/03/23	11/17/23	Dec-23	
11	11/04/23	11/17/23	12/01/23	Jan-24	
12	11/18/23	12/01/23	12/15/23	Jan-24	
13	12/02/23	12/15/23	12/29/23	No Health	
	С	alendar Ye	ar 2024		
14	12/16/23	12/29/23	01/12/24	Feb-24	
15	12/30/23	01/12/24	01/26/24	Feb-24	
16	01/13/24	01/26/24	02/09/24	Mar-24	
17	01/27/24	02/09/24	02/23/24	Mar-24	
18	02/10/24	02/23/24	03/08/24	Apr-24	
19	02/24/24	03/08/24	03/22/24	Apr-24	
20	03/09/24	03/22/24	04/05/24	May-24	
21	03/23/24	04/05/24	04/19/24	May-24	
22	04/06/24	04/19/24	05/03/24	Jun-24	
23	04/20/24	05/03/24	05/17/24	Jun-24	
24	05/04/24	05/17/24	05/31/24	No Health	
25	05/18/24	05/31/24	06/14/24	Jul-24	
26	06/01/24	06/14/24	06/28/24	Jul-24	

### 2023 Provider Contact Information

PROVIDER	GROUP / ID#	PHONE	WEB ADDRESS
HMO Medical			
Anthem Blue Cross Traditional		855/839-4524	www.anthem.com/ca/calpers
Anthem Blue Cross Select		855/839-4524	www.anthem.com/ca/calpers
Blue Shield Access +	PH0001/SSN	800/334-5847	www.blueshieldca.com/calpers
Blue Shield Trio		800/334-5847	www.blueshieldca.com/calpers
Kaiser Permanente	00003-20/SSN	800/464-4000	www.kp.org/calpers Member Login: https://healthy.kaiserpermanente.org
United Healthcare	682301	877/359-3714 Members 888/867-5581 Retirees	www.uhc.com/calpers
Western Health Advantage		888/942-7377	www.westernhealth.com/calpers
PPO Medical			
PERS Platinum	KB050L/SSN	877/737-7776	www.anthem.com/ca/calpers
PERS Gold	PER-0111-SEL/SSN	877/737-7776	www.anthem.com/ca/calpers
PORAC	336684/SSN	800/288-6928	www.ibtofporac.org
Dental			
Delta Dental	1985/SSN	800/765-6003	www.deltadental.com
Vision			
Vision Service Plan (VSP)	12137687/SSN	800/877-7195	www.vsp.com
Deferred Compensor	ition		
Lincoln Financial Group 401 (k) & 457		Bob Cowsert 916-292-1031 (Direct) 800-234-3500 (Main) Bob.Cowsert@LFG.com	www.lfg.com
Retirement			
CalPERS	SSN/CaIPERS ID#	888/225-7377	www.calpers.ca.gov
Employee Assistanc	e Program		
МНИ	placercounty	800/242-6220	www.advantageengagement.com
Flexible Spending A	ccounts		
WEX Benefits		1-833-225-5939	WEX Benefits Login   WEX customer login   WEX Inc.

Version Date: 09/19/2022

### **Annual Notices**

#### Contents

2023 Summary of Benefits and Coverage Notice	23
Medicare Part D Notice	
There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:	
When Can You Join a Medicare Drug Plan?	24
What Happens to Your Current Coverage If You Decide to Join a Medicare Drug Plan?	24
When Will You Pay a Higher Premium (Penalty) To Join a Medicare Drug Plan?	24
For More Information About This Notice or Your Current Prescription Drug Coverage	25
For More Information About Your Options Under Medicare Prescription Drug Coverage	25
Women's Health and Cancer Rights Act	26
Newborns' and Mothers' Health Protection Act	26
HIPAA Notice of Special Enrollment Rights	26
Availability of Privacy Practices Notice	27
Notice of Choice of Providers	27
Michelle's Law	27
Premium Assistance Under Medicaid and the Children's Health Insurance Program	28
Paperwork Reduction Act Statement	31
ACA Disclaimer	.311



Version Date: 09/19/2022 Page 22 of 32

### 2023 Summary of Benefits and Coverage Notice

Choosing your health plan is an important decision. To assist you with this process, each health plan available through the California Public Employees' Retirement System has produced a Summary of Benefits and Coverage (SBC). In addition, the federal government has compiled a glossary of common health insurance terms. Together, these documents provide important information to help you better understand your health benefit coverage and more easily compare health plan options.

To view the SBCs and glossary online, visit <u>www.calpers.ca.gov</u> on the **Plans & Rates** page<sup>1</sup> (subsection **Health Plans**), or visit any of the health plan websites below. To request a free paper copy of the SBC and glossary, contact each health plan directly.

Anthem Blue Cross HMO & EPO

(855) 839-4524

www.anthem.com/ca/calpers

Blue Shield of California

(800) 334-5847

www.blueshieldca.com/calpers

California Association

of Highway Patrolmen<sup>2</sup>

(800) 734-2247

www.thecahp.org

California Correctional Peace

Officers Association<sup>2</sup>

(800) 257-6213

www.ccpoabtf.org

Health Net of California

(888) 926-4921

www.healthnet.com/calpers

**Kaiser Permanente** 

(800) 464-4000

www.kp.org/calpers

**Peace Officers Research Association** 

of California<sup>2</sup>

(800) 288-6928

http://ibt.porac.org

PERS Gold & PERS Platinum

(877) 737-7776

www.anthem.com/ca/calpers

Sharp Health Plan

(855) 995-5004

www.sharphealthplan.com/calpers

UnitedHealthcare

(877) 359-3714

www.uhc.com/calpers

Western Health Advantage

(888) 942-7377

www.westernhealth.com/calpers

<sup>1</sup> https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates

 $<sup>^{2}</sup>$  To enroll in these health plans, you must belong to the specific employee association and pay applicable dues.

### Medicare Part D Notice

Please read this notice carefully and keep it where you can find it. It has information about your current prescription drug coverage with County of Placer and your options under Medicare's prescription drug coverage. This information can help you decide whether you want to join a Medicare drug plan. If you are considering joining a Medicare drug plan, you should compare it with your current coverage. Include which drugs are covered, at what cost, with the coverage and costs of the Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

### There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone with Medicare.
  You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare
  Advantage Plan. For example, an HMO or PPO that offers prescription drug coverage. All
  Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans
  may also offer more coverage for a higher monthly premium.
- 2. County of Placer has determined that the prescription drug coverage offered by the CalPERS health plans is Creditable Coverage. This means it is as good as Medicare prescription drug coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage. You will not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join a Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare. You can join each subsequent year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

#### What Happens to Your Current Coverage If You Decide to Join a Medicare Drug Plan?

If you decide to join a Medicare drug plan, your County of Placer coverage will not be affected. See below for more information about what happens to your current coverage if you join a Medicare drug plan.

Since the existing prescription drug coverage under County of Placer is creditable (e.g., as good as Medicare coverage), you can retain your existing prescription drug coverage and choose not to enroll in a Part D plan; or you can enroll in a Part D plan as a supplement to, or in lieu of, your existing prescription drug coverage.

If you do decide to join a Medicare drug plan and drop your County of Placer prescription drug coverage, be aware that you and your dependents can only get this coverage back at open enrollment or if you experience an event that gives rise to a HIPAA Special Enrollment Right.

#### When Will You Pay a Higher Premium (Penalty) To Join a Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with County of Placer and don't join a Medicare drug plan within sixty-three (63) continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go sixty-three (63) continuous days or longer without creditable prescription drug coverage, your monthly premium may go up. The amount may be at least 1% of Medicare's base beneficiary premium per month for every month that you did not have coverage. The following is an example. If you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than Medicare's base beneficiary premium. You may have to pay this higher premium (a penalty) if you

Version Date: 09/19/2022 Page 24 of 32

have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice or Your Current Prescription Drug Coverage

Contact your Human Resources Department at the phone number and address below.

**Note:** You'll get this notice each year and before the next period you can join a Medicare drug plan. You will also get this notice if the coverage through County of Placer changes. You may request a copy of this notice at any time.

#### For More Information About Your Options Under Medicare Prescription Drug Coverage

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit medicare.gov
- Call your State Health Insurance Assistance Program for personalized help. Information and their telephone number is listed inside the back cover of your copy of the "Medicare & You" handbook.
- Call 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security at <u>socialsecurity.gov</u>, or call 800-772-1213 (TTY 800-325-0778).

Note: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: January 1, 2023 Name of Entity/Sender: County of Placer

Contact-Position/Office: Human Resources Department

Address: 145 Fulweiler Ave, Suite 200, Auburn, CA 95603

Phone Number: (530) 889-4060

Version Date: 09/19/2022 Page 25 of 32

### Women's Health and Cancer Rights Act

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. If you would like more information on WHCRA benefits, please contact your health plan's member services for more information.

### Newborns' and Mothers' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). If you would like more information on maternity benefits, call your plan administrator at 530-889-4060.

### HIPAA Notice of Special Enrollment Rights

If you decline enrollment in County of Placer's health plans for you or your dependents (including your spouse) because of other health insurance or group health plans coverage, you or your dependents may be able to enroll in County of Placer's health plan without waiting for the next open enrollment period if you:

- Lose other health insurance or group health plan coverage. You must request enrollment within sixty (60) days after the loss of other coverage.
- Gain a new dependent as a result of marriage, birth, adoption, or placement for adoption. You
  must request health plan enrollment within sixty (60) days after the marriage, birth, adoption, or
  placement for adoption.
- Lose Medicaid or Children's Health Insurance Program (CHIP) coverage because you are no longer eligible. You must request medical plan enrollment within sixty (60) days after the loss of such coverage.

If you request a change due to a special enrollment event within the sixty (60) day timeframe, coverage will be effective the date of birth, adoption, or placement for adoption. For all other events, coverage will be effective the first of the month following your request for enrollment. In addition, you may enroll in County of Placer's health plan if you become eligible for a state premium assistance program under Medicaid or CHIP. You must request enrollment within sixty (60) days after you gain eligibility for medical plan coverage. If you request this change, coverage will be effective the first of the month following your request for enrollment. Specific restrictions may apply, depending on federal and state law.

**Note:** If your dependent becomes eligible for a special enrollment right, you have options. You may add the dependent to your current coverage, or you may change to another health plan.

Version Date: 09/19/2022 Page 26 of 32

### Availability of Privacy Practices Notice

We maintain the HIPAA Notice of Privacy Practices for County of Placer describing how health information about you may be used and disclosed. You may obtain a copy of the Notice of Privacy Practices by contacting County of Placer's Human Resources Department. The phone number is (530) 889-4060 and the mailing address is 145 Fulweiler Avenue, Suite 200, Auburn, CA 95603.

### Notice of Choice of Providers

The health plans offered by County of Placer through CalPERS generally require the designation of a primary care provider. You have the right to designate any primary care provider (PCP) who participates in our network. Make sure to confirm that the PCP is available to accept you or your family members. For information on how to select a primary care provider, and for a list of participating primary care providers, contract your insurance carrier directly.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from the health plans offered by County of Placer or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in-network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures. This includes obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact your insurance carrier directly.

### Michelle's Law

The County of Placer's offered CalPERS plans may extend medical coverage for dependent children if they lose eligibility for coverage because of a medically necessary leave of absence from school. Coverage may continue for up to a year unless your child's eligibility would end earlier for another reason.

Extended coverage is available if a child's leave of absence from school — or change in school enrollment status (for example, switching from full-time to part-time status) — starts while the child has a serious illness or injury, is medically necessary and otherwise causes eligibility for student coverage under the plan to end. Written certification from the child's physician stating that the child suffers from a serious illness or injury and the leave of absence is medically necessary may be required.

If your child will lose eligibility for coverage because of a medically necessary leave of absence from school and you want his or her coverage to be extended, notify Human Resources Department in writing as soon as the need for the leave is recognized. In addition, contact your child's health plan to see if any state laws requiring extended coverage may apply to his or her benefits.

Version Date: 09/19/2022 Page 27 of 32

## Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

Your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. You or your children must be eligible for Medicaid or CHIP and be eligible for health coverage from your employer. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs. However, you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit <a href="https://www.healthcare.gov">www.healthcare.gov</a>.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial <u>1-877-KIDS NOW</u> or <u>www.insurekidsnow.gov</u> to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage** within sixty (60) days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at <a href="https://www.askebsa.dol.gov">www.askebsa.dol.gov</a> or call <a href="https://www.askebsa.dol.gov">1-866-444-EBSA (3272)</a>.

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2022. Contact your State for more information on eligibility.

ALABAMA – Medicaid

Website: <a href="http://myalhipp.com/">http://myalhipp.com/</a> Phone: 1-855-692-5447

ALASKA - Medicaid

The AK Health Insurance Premium Payment Program

Website: <a href="http://myakhipp.com/">http://myakhipp.com/</a> Phone: 1-866-251-4861

Email: <u>CustomerService@MyAKHIPP.com</u>

Medicaid Eligibility: http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx

**ARKANSAS - Medicaid** 

Website: http://myarhipp.com/ Phone: 1-855-MyARHIPP (855-692-7447)

**CALIFORNIA - Medicaid** 

Website: Health Insurance Premium Payment (HIPP) Program <a href="http://dhcs.ca.gov/hipp">http://dhcs.ca.gov/hipp</a>
Phone: 916-445-8322

Email: <a href="http://dhcs.ca.gov/hipp@dhcs.ca.gov">http://dhcs.ca.gov/hipp@dhcs.ca.gov</a>

COLORADO - Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)

Health First Colorado Website: <a href="https://www.healthfirstcolorado.com/">https://www.healthfirstcolorado.com/</a>

Health First Colorado Member Contact Center: 1-800-221-3943 | State Relay 711

CHP+: <a href="https://www.colorado.gov/pacific/hcpf/child-health-plan-plus">https://www.colorado.gov/pacific/hcpf/child-health-plan-plus</a>

CHP+ Customer Service: 1-800-359-1991 | State Relay 711

Health Insurance Buy-In Program (HIBI): https://www.colorado.gov/pacific/hcpf/health-insurance-buy-program

HIBI Customer Service: 1-855-692-6442

Version Date: 09/19/2022 Page 28 of 32

FLORIDA - Medicaid

Website: https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html

Phone: 1-877-357-3268

**GEORGIA** – Medicaid

GA HIPP Website: https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp

Phone: 678-564-1162, press 1

GA CHIPRA Website: https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-

reauthorization-act-2009-chipra Phone: 678-564-1162, press 2

INDIANA – Medicaid

Healthy Indiana Plan for low-income adults 19-64

Website: http://www.in.gov/fssa/hip/ Phone: 1-877-438-4479

All other Medicaid

Website: <a href="https://www.in.gov/medicaid/">https://www.in.gov/medicaid/</a> Phone 1-800-457-4584

IOWA - Medicaid and CHIP (Hawki)

Medicaid Website: <a href="https://dhs.iowa.gov/ime/members">https://dhs.iowa.gov/ime/members</a> Medicaid Phone: 1-800-338-8366
Hawki Website: <a href="http://dhs.iowa.gov/hawki">http://dhs.iowa.gov/hawki</a> Hawki Phone: 1-800-257-8563

HIPP Website: https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp HIPP Phone: 1-888-346-9562

**KANSAS** – Medicaid

Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884

**KENTUCKY - Medicaid** 

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website:

https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx Phone: 1-855-459-6328

Email: KIHIPP.PROGRAM@ky.gov

KCHIP Website: <a href="https://kidshealth.ky.gov/Pages/index.aspx">https://kidshealth.ky.gov/Pages/index.aspx</a> Phone: 1-877-524-4718

Kentucky Medicaid Website: https://chfs.ky.gov/

LOUISIANA - Medicaid

Website: <a href="http://www.medicaid.la.gov">http://www.ldh.la.gov/lahipp</a> Phone: 1-888-342-6027 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

MAINE - Medicaid

Enrollment Website: https://www.maine.gov/dhhs/ofi/applications-forms

Phone: 1-800-442-6003 TTY: Maine relay 711

Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms

Phone: 1-800-977-6740 TTY: Maine relay 711

MASSACHUSETTS - Medicaid and CHIP

Website: https://www.mass.gov/info-details/masshealth-premium-assistance-pa

Phone: 1-800-862-4840 TTY: 617-886-8102

MINNESOTA - Medicaid

Website: https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-

services/other-insurance.jsp Phone: 1-800-657-3739

MISSOURI – Medicaid

Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm

Phone: 573-751-2005 MONTANA – Medicaid

 $Website: \underline{http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP}$ 

Phone: 1-800-694-3084 email: <a href="mailto:HHSHIPPProgram@mt.gov">HHSHIPPProgram@mt.gov</a>

NEBRASKA – Medicaid

Website: <a href="http://www.ACCESSNebraska.ne.gov">http://www.ACCESSNebraska.ne.gov</a> Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178

NEVADA – Medicaid

Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900

**NEW HAMPSHIRE – Medicaid** 

Website: https://www.dhhs.nh.gov/oii/hipp.htm Phone: 603-271-5218

Toll free number for the HIPP program: 1-800-852-3345, ext 5218

Version Date: 09/19/2022 Page 29 of 32

**NEW JERSEY - Medicaid and CHIP** 

Medicaid Website: <a href="http://www.state.nj.us/humanservices/dmahs/clients/medicaid/">http://www.state.nj.us/humanservices/dmahs/clients/medicaid/</a>

Medicaid Phone: 609-631-2392

CHIP Website: <a href="http://www.njfamilycare.org/index.html">http://www.njfamilycare.org/index.html</a>

CHIP Phone: 1-800-701-0710

NEW YORK – Medicaid

Website: https://www.health.ny.gov/health\_care/medicaid/

Phone: 1-800-541-2831

NORTH CAROLINA – Medicaid

Website: https://dma.ncdhhs.gov/ Phone: 919-855-4100

**NORTH DAKOTA – Medicaid** 

Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/

Phone: 1-844-854-4825

**OKLAHOMA - Medicaid and CHIP** 

Website: http://www.insureoklahoma.org Phone: 1-888-365-3742

**OREGON – Medicaid and CHIP** 

Website: http://healthcare.oregon.gov/Pages/index.aspx or

http://www.oregonhealthcare.gov/index-es.html

Phone: 1-800-699-9075
PENNSYLVANIA – Medicaid

Website: https://www.dhs.pa.gov/providers/Providers/Pages/Medical/HIPP-Program.aspx

Phone: 1-800-692-7462

RHODE ISLAND – Medicaid and CHIP Website: http://www.eohhs.ri.gov/

Phone: 1-855-697-4347 or 401-462-0311 (Direct RIte Share Line)

SOUTH CAROLINA – Medicaid

Website: https://www.scdhhs.gov Phone: 1-888-549-0820

**SOUTH DAKOTA - Medicaid** 

Website: http://dss.sd.gov Phone: 1-888-828-0059

TEXAS – Medicaid

Website: http://gethipptexas.com/ Phone: 1-800-440-0493

**UTAH – Medicaid and CHIP** 

Medicaid Website: <a href="https://medicaid.utah.gov/">https://medicaid.utah.gov/</a> CHIP Website: <a href="http://health.utah.gov/chip">http://health.utah.gov/chip</a>

Phone: 1-877-543-7669 **VERMONT- Medicaid** 

Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427

VIRGINIA - Medicaid and CHIP

Medicaid Website: <a href="https://www.coverva.org/hipp/">https://www.coverva.org/hipp/</a>
Phone: 1-800-432-5924

CHIP Phone: 1-855-242-8282 **WEST VIRGINIA – Medicaid** 

Website: https://dhhr.wv.gov/bms/ or http://mywvhipp.com/

Medicaid Phone: 304-558-1700 | CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)

WASHINGTON – Medicaid

Website: https://www.hca.wa.gov/

Phone: 1-800-562-3022

WISCONSIN - Medicaid and CHIP

Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm

Phone: 1-800-362-3002 **WYOMING – Medicaid** 

Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility

Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since July 31, 2022, or for more information on special enrollment rights, contact either:

U.S. Department of Labor
Employee Benefits Security Administration
<a href="https://www.dol.gov/agencies/ebsa">www.dol.gov/agencies/ebsa</a>

1-866-444-EBSA (3272)

U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565

### Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA. The Federal agency must display a currently valid OMB control number. The public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number 1210-0137.

OMB Control Number 1210-0137 (expires 1/31/2023)

### **ACA** Disclaimer

This offer of coverage may disqualify you from receiving government subsidies for an Exchange plan even if you choose not to enroll. To be subsidy eligible you would have to establish that this offer is unaffordable for you, meaning that the required contribution for employee only coverage under our base plan exceeds 9.12% in 2023 of your modified adjusted household income.

Version Date: 09/19/2022 Page 31 of 32